


# St. Joseph's Hospital Health Center Loop



**MOVE IT  
MONDAY!**  
*Jump start your week!*

1. Begin outside the lobby entrance of the main hospital on Prospect Ave.
2. Head south toward Hickory St.
3. Turn right onto Willow St.
4. Turn right onto Pearl St.
5. Turn slight right onto Salina St.
6. Continue on Salina St. across N State St.
7. Turn right on Butternut St.
8. Turn right onto N. Townsend St.
9. Turn right on Union Ave.
10. End on Union Ave. near the hospital's main entrance

**Healthy Monday**   
**Syracuse**  
healthymonday.syr.edu

**ST. JOSEPH'S**  
Hospital  Health Center

**KEEP UP THE GOOD WALK**